

PREPARATIONS FOR EXAMS WITH CONTRAST

★★ PRECAUTION ★★

IF YOU ARE RECEIVING IV CONTRAST FOR A CT SCAN, MRI, MRA OR IVP, AND ARE OVER 70, DIABETIC (regardless of age or medication), or **HAVE ONLY ONE KIDNEY**, you must have a **BLOOD TEST** showing **BUN** and **CREATININE LEVELS** drawn within the last six weeks. The results must be forwarded to us or brought with you on the day of your test.

IV CONTRAST PREP FOR A CT SCAN or ABDOMINAL MRI/MRA

Nothing to eat or drink 3 hours prior to your exam time.
(2 hours for diabetics).

OMNIPAQUE ORAL CONTRAST PREP FOR CT SCAN OF ABDOMEN AND PELVIS

★ DO NOT INGEST IF YOU HAVE AN IODINE ALLERGY

Begin drinking the OMNIPAQUE oral prep 1 hour before your exam.

1. Pour the entire contents of the OMNIPAQUE bottle into the 32 oz cup given at the office.
2. Fill the cup with water to approximately 1/2 inch from the top of the cup (approximately 30 oz).
3. Stir well and drink.
4. Discard the cup, contrast bottle, and straw after use.

REDI-CAT ORAL CONTRAST PREP FOR CT SCAN OF ABDOMEN AND PELVIS

- Refrigerate REDI-CAT (Shake well before drinking)
- Begin drinking REDI-CAT 2 hours prior to exam, finishing within 90 minutes.
- You may be asked to drink another small cup at your exam time.

IVP

The day before exam, drink 1 bottle of Citrate of Magnesia at 4:00 pm. Nothing to eat, drink, smoke or chew past 10:00 pm.